



Smoother Transitions

Give time. Give warning. Guide calmly.

Start before it is time to move.

Children transition more smoothly when they know what is ending, what is coming next, and that an adult will help them.

1 Warn

Give a first warning before the transition.

Try saying: “In five minutes, we will clean up.”

2 Show

Use a visual, gesture, object, or schedule to show what comes next.

Try saying: “First cleanup, then snack.”

3 Support

Stay close, offer a small choice, and help children finish.

Try saying: “Do you want to walk or hop to the carpet?”

**A warning is not a threat.
It is a bridge.**