



Weekly Preschool Lesson Plan

Date/Week of: _____

Classroom Name: _____

Learning Objective _____

Supplemental Curriculum: _____

Activity	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Approaches to Learning <i>(sustains attention and persists with challenging activities and experiences)</i>					
EC Standard/Benchmark					
Creative Arts <i>(develops skills in and appreciation of visual art, dance, music, and drama experiences)</i>					
EC Standard/Benchmark					
Language and Early Literacy <i>(demonstrates skills and strategies needed for receptive communication)</i>					
EC Standard/Benchmark					
Physical Education <i>(demonstrates gross and fine motor skills)</i>					
EC Standard/Benchmark					
Health/Mental Wellness <i>(establishes health/mental wellness and social skills needed to participate cooperatively as a member of a group)</i> *Inclusion and Belonging					
EC Standard/Benchmark					
Mathematics <i>(demonstrates mathematical concepts and skills during play and other activities)</i> **Not rote or memorization activities					
EC Standard/Benchmark					
Science <i>(establishes scientific ways of thinking and working, developing curiosity, and seeking knowledge)</i>					
EC Standard/Benchmark					
Social Studies <i>(demonstrates knowledge of the social and physical environment, and curiosity about the world and people)</i> *Diversity and Equity					
EC Standard/Benchmark					
Technology <i>(use of technology to engage with others, learn about the world, support classroom activities and learning objective)</i>					
Supplemental Curriculum activities					
Individualized Activities					
Individualized Activity -EC Standard/Benchmark					