



## Preschool Cozy/Soft Area Tip Sheet

Soft furnishings should be accessible to the children, and always when children are actively engaged in individualized learning. The cozy area should be easy to supervise and always be protected from active play.

A cozy area is a clearly defined space/interest center with a substantial amount of softness where children can lounge, daydream, read, play quietly, etc. The cozy area must provide enough soft furnishings to allow a child to completely escape the hardness of the classroom.

Soft furnishings should be clean and in good repair (no tears or stuffing exposed), pillows/soft toys are washed as needed.

Soft furnishings can include soft chairs, soft couches, bean bags, pillows, and rugs.

Children benefit from having softness in other areas of the room, as well as having access to a specific cozy interest center.

Books and other calming/relaxing materials such as stress balls, sensory bottles, or soft music may also be used to enhance the calming effect of the cozy center.

