



Infant/Toddler Music and Movement Tip Sheet

A variety of musical toys or instruments should be accessible to children and be rotated at least monthly.

Staff should initiate a daily music activity that encourages children to sing, dance, clap, and engage in movement activities. Children should only participate when interested, and alternate activities should be offered.



Various types of music (i.e. classical, different languages, popular to children, jazz, and multicultural) and musical experiences (i.e. playing a guitar for children) should be a regular part of classroom activities.

Staff should informally sing and chant with the children during free play and routines. Recorded music should only be played for specific purposes (i.e. while dancing, relaxing before nap time). Young children have a difficult time differentiating sounds, and it is important for language development that the children can hear language. Loud music playing in the background makes it very difficult for children hear and recognize our words.