

## Gross Motor Development Infant-Toddler

Observer \_\_\_\_\_ Date \_\_\_\_\_

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<b>Birth to Six Months</b>				
1 mo	Moves head from side to side			
	When lying down, makes crawling movements			
	Head held erect when held at shoulder for 3 seconds			
	When cheek is rubbed, turns to same side			
1-1/2-2 mo	Turns from side to back			
2-3 mo	Held sitting, head is predominantly erect			
	Prone, lifts head up			
2-4 mo	Prone, lifts head and upper chest well up in midline using forearms as support, legs straight out with buttocks flat			
2-1/2—3-1/2 mo	Rolls over			
3 ms	Held standing, lifts foot			
5 mo	Prone, holds arms extended			
5-1/2 mo	Reaches on same side as arm used			
5-1/2—6 mo	Stands holding on			
<b>Six to Twelve Months</b>				
6 mo	Sits alone for 30 seconds			
	Rolls from back to stomach			
	Lifts legs to vertical and grasps foot			
6-1/2 mo	When on stomach, pivots 180 degrees to obtain toy just out of reach			
6-1/2—7 mo	Sits; briefly, leans forward on hands			

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
7 mo	Lying on back, brings feet to mouth			
7-1/2—8 mo	Pulls self to stand			
8 mo	Stands briefly with hands held			
9 mo	Walks holding onto furniture			
	Attempts to crawl on all fours			
	Stands holding but cannot lower self			
9-1/2—10 mo	Sits steadily and indefinitely			
9-1/2—11 mo	Walks with both hands held			
10 mo	Stands momentarily			
11—11-1/2 mo	Stands alone well			
11-12 mo	May walk alone			
<b>Between 13 to 18 Months</b>				
	Pulls a toy attached to a string			
	Using hands and legs, climbs up 10 steps without help			
	Crawls down 10 steps backward, feet first			
	Walks up steps with a person holding hand			
<b>Between 18 to 24 Months</b>				
	Walks fast or runs stiffly for a distance of 6 feet			
	Balances on feet in a squat position while playing with objects on the floor for several seconds			
	Walks backward for four steps without losing balance			
	Bends over, picks up an object from the floor, and stands up straight again without falling over			
	Sits down in small chair without help			
	Standing, throws a ball at least 1 foot			
	Standing, kicks a ball without falling			

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<b>Between 18 to 24 Months</b>				
	Standing on the floor, jumps in place two jumps			
	After 20 months, uses the toilet or potty correctly most of the time when placed on it by an adult			
	By two, indicates need to use the potty occasionally without being reminded			
<b>The following appear gradually between 25 and 36 months of age. Each item in each section is in approximate sequence of maturity.</b>				
	Uses a small rocking horse or rocking chair for 3 minutes without falling off			
	Carries a small breakable object such as a glass or plate without dropping it			
	While standing, throws a small ball 2 feet			
	Catches a large ball or balloon that is rolled slowly across the floor			
	Goes up and down stairs with one foot leading for a least five steps			

*Developmental guidelines*, compiled by Sprugel and Goldberg.  
*Performance objectives for preschool children*, by G.J. Schirmer.

**Campbellsville University  
Fine Motor Development  
Infant-Toddler**

Observer \_\_\_\_\_ Date \_\_\_\_\_

Child's Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<b>Birth to Six Months</b>				
1 mo	Regards bright object			
	Turns eyes and head towards light			
	While rattle placed in hand, drops immediately			
2 mo	Holds rattle briefly			
2-1/2 mo	Will glance from one object to another			
3 mo	Hands usually open			
	Holds rattle actively			
3—4 mo	Plays in simple way with rattle			
	Inspects fingers			
	Reaches for dangling ring			
	Follows ball visually across table			
4 mo	Carries object to mouth			
4—5 mo	Recovers rattle from chest			
	Holds two objects			
5 mo	Transfers object from hand to hand			
5—6 mo	Bangs in play			
	Sits, looks for objects			
6 mo	Secures cube on sight			
	Follows adult's movements across room			
	Immediately fixates interesting small objects and stretches out to grasp them			
	Retains rattle			
	Lifts cup to mouth			
6-1/2 mo	Manipulates and examines an object			
	Can reach for, grab and retain rattle held in front of him/her			

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<b>Six to Twelve Months</b>				
7 mo	Pulls string to obtain object			
7-1/2—8 mo	Grasps with thumb and finger (pincer)			
8 mo	Shows hand preference			
	Reaches for toys out of reach consistently			
8—8-1/2 mo	Bangs spoon			
8—9 mo	Persists in reaching for toy out of reach on table			
9 mo	Searches in correct place for toys dropped within reach of hands			
	May find toy hidden under cup			
	Holds, bites, and chews biscuits			
	Puts hands around bottle or cup when feeding			
	Tries to grasp spoon when being fed			
	Holds bottle to feed self			
10 mo	Hits cup with spoon			
	Crude release of object			
10-1/2—11 mo	Picks up raisin with thumb and forefinger pincer grasp			
11 mo	Pushes car along			
11-12 mo	Puts three or more objects in container			
11-1/2—12 mo	Is able to drink from cup when it is held though may spill			
<b>Between 18 and 24 months</b>				
	Given a piece of unlined paper and a pencil and shown how to draw an arc, the child draws one			
	Can turn a door knob that is within reach using both hands			
	When shown how, unscrews the lid set loosely on a small jar			
	Places large pegs in pegboard			
	Zips and unzips large-sized zipper			

Average Age of Appearance	Behavior	Observed		Comments
		Yes	No	
<b>Between 18 and 30 months</b>				
	In imitation, places one 2-inch block on top of another 2-inch block			
	Given a large crayon and large piece of paper, scribbles			
	While sitting in an adult's lap, turns two or three pages in a large book with cardboard pages			
	In imitation, places three 1-inch cube blocks in a 6-inch diameter cup			
	Holds a pencil and makes a mark on a sheet of paper			
	In imitation, builds a four-block tower with 2-inch cube blocks			
<b>Between 25 and 36 months</b>				
	Puts a small peg into a pegboard hole without help			
	Unwraps a small piece of wrapped candy			
	Turns the pages of a cardboard book without help			
	Puts the pieces in a three-piece foamboard puzzle correctly			
	In imitation, puts small objects in a cup and dumps them out			
	Draws a recognizable "v" with a crayon on plain paper			
	Builds a six-block tower			
	Usually strings five large beads on a string			
	Pours water from a small pitcher into a glass with very little spilling			

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