

Session Level Descriptions

Session levels indicate the level of knowledge we assume participants already have related to the **session topic**. Levels are not based on education level or length of experience as a trainer. Participants should select sessions based on their familiarity, comfort, and prior application of the topic area.

Levels at a Glance

INITIAL	<p>Assumed Knowledge: This level assumes participants have beginning familiarity with the session topic.</p> <p>What Will Be Covered: Sessions focus on foundational information and essential skills for planning or delivering training. Content builds upon concepts introduced in <i>Fundamentals of Effective Training (FET)</i> and extends learning rather than repeating it.</p>
INTERMEDIATE	<p>Assumed Knowledge: This level assumes participants have a working knowledge of the topic and some prior application in training, workshop or classroom settings.</p> <p>What Will Be Covered: Sessions deepen understanding of adult learning theory and effective training design, strengthening application and refining existing skills.</p>
ADVANCED	<p>Assumed Knowledge: This level assumes participants have in-depth knowledge of the topic and are comfortable engaging with complex concepts.</p> <p>Content: Sessions explore advanced practices, recent evidence-based research, and emerging topics in adult learning theory and effective training design.</p>

Questions Regarding Levels

Please feel free to contact your regional training coach with questions.

Locate	Link
Regional Training Coach	www.childcareawareky.org/about-child-care-aware/coaches/