



Infant\Toddler Gross Motor Tip Sheet

Infants and toddlers should have access to materials anytime a child is awake and not involved in routine care. Children should not be kept in restrictive equipment (i.e. swings or infant seats) or be limited to only a small area in the classroom.



This is a non-mobile infant that has been placed in a restrictive seat. Children should be given access to a wide array of materials and have engaging interactions with others to promote cognitive and physical development.

Children should be able to crawl or walk around the room with no interference from furnishings, and movement should not be restricted to a rug or confining area.

Children placed in anything that confines natural body movement should be monitored closely (i.e. highchairs-children should always be within reach), and this should be for very brief, purposeful periods. Stroller rides do not count as active physical play because movement is restricted.

Toddlers should go outside for at least 30 minutes per day year around unless there is an active weather advisory preventing people from going outside. There should be ample space, and appropriate stationary and portable equipment should stimulate a large array of skills.