

# Session Level Descriptions

The session levels are an easy way for you to find the right session(s). Sessions consist of three levels that range from initial to advanced. Levels show the level of knowledge we'll assume you already have, you should choose sessions based on your knowledge and experience of the session topic.

## Levels at a Glance

<b>INITIAL</b>	<p><b>Audience:</b> Suitable for trainers, instructors, and presenters with beginning knowledge and skill in the topic.</p> <p><b>Content:</b> While primarily focusing on basic information and skills for planning or delivering training sessions, this level further develops the topics presented in Fundamentals of Effective Training (FET) rather than repeating that information.</p>
<b>INTERMEDIATE</b>	<p><b>Audience:</b> Suitable for trainers, instructors, and presenters with several years of experience and moderate skill in the direct application of the topic in workshops/classroom experiences.</p> <p><b>Content:</b> Assumes participants apply basic knowledge and skills in adult learning theory and effective training design and build on this knowledge and/or hone current skills.</p>
<b>ADVANCED</b>	<p><b>Audience:</b> Suitable for trainers, instructors, and presenters who have many years of experience and/or considerable expertise in the topic</p> <p><b>Content:</b> Provides recent evidence-based findings in the area of adult learning theory or effective training design; presents knowledge and skill development; or introduces content related to adult learning theory/effective training design that may be new to the audience and is on an advanced level.</p>

## Questions Regarding Levels

Please feel free to contact your regional training coach with questions.

Locate	Link
Regional Training Coach	<a href="http://www.childcareawareky.org/about-child-care-aware/coaches/">www.childcareawareky.org/about-child-care-aware/coaches/</a>